



# Sessions & Times

MARCH 18 – 19, 2023

PLEASE PROVIDE THE NUMBER OF COACHES AS INDICATED IN PARENTHESES FOR EACH SESSION

## SATURDAY, MARCH 18, 2023

**SESSION 1** OPEN STRETCH 12:30 PM  
LEVELS 6-9, XCEL PLATINUM, DIAMOND, SAPPHIRE AWARDS/TEAM AWARDS 3:00 PM  
APOLLO (2), CLASSICS (1), FLIP OVER (1), STG (2), YOUTH SPORTS (1)

## SATURDAY, MARCH 18, 2023

**SESSION 2** OPEN STRETCH 3:30 PM  
XCEL GOLD AWARDS/TEAM AWARDS 6:30 PM  
APOLLO (2), CLASSICS (2), FLIP OVER (1), STG (1), TWA (1), YOUTH SPORTS (1)

## SUNDAY, MARCH 19, 2023

**SESSION 3** OPEN STRETCH 8:30 AM  
LEVELS 4-5 AWARDS/TEAM AWARDS 11:00 AM  
CARDINAL (2), CLASSICS (2), STG (2), YMCA ANGELS (1)

## SUNDAY, MARCH 19, 2023

**SESSION 4** OPEN STRETCH 11:30 AM  
XCEL BRONZE AWARDS/TEAM AWARDS 2:00 PM  
APOLLO (2), BRAG (1), GMS (2), STG (1), TWA (1), YOUTH SPORTS (1)

## SUNDAY, MARCH 19, 2023

**SESSION 5** OPEN STRETCH 2:30 PM  
LEVEL 3, XCEL SILVER AWARDS/TEAM AWARDS 5:30 PM  
APOLLO (1), BRAG (2), CARDINAL (1), CLASSICS (3), FLIP OVER (1), TWA (1), YMCA ANGELS (1),  
YOUTH SPORTS (1)

LIVE SCORING WILL BE AVAILABLE AT

